



MEDITERRANEAN MOSAIC

The world's longest-lived people never shared a country — they shared a pattern, assembled from the same handful of pieces. The Mediterranean Mosaic lays those tiles on your table: olive oil, whole grains, beans, nuts, fruit, the sea, and plants picked at their peak. Set them alongside the rest of the desert's gifts — sun on the trail, a paddle in hand, a long table of friends who gather and linger — and the picture clicks into place. A meal that heals, a moment that stays.

This is how to live well, assembled right here in the heart of the Sonoran Desert.

Welcome to your Pita Jungle Mediterranean Mosaic, where world flavors are re-imagined through the healthy principles of the Mediterranean diet: fresh, variety, and moderation.

— Bassel, Nelly & Fouad

THE MEDITERRANEAN PATTERN

Lean Protein · Beans · Whole Grains · Vegetables · Fruit
Nuts · Olive Oil · Variety · Activity · Moderation

The Art of Eating Healthy®

MEDITERRANEAN CEVICHE 16

Mexican wild shrimp, fresh citrus, avocado, Persian cucumber, tomato, jalapeno, red onion, fresh cilantro, EVOO, homemade tortilla chip, garnished with golden raisins. Served cold. Back by popular request

GF no chips

SEAFOOD SW-MEDITERRANEAN

WOOD-FIRED JUMBO CHICKEN WINGS

6 wings 14 / 10 wings 20

All-natural jumbo chicken wings, roasted to a char in a wood-fired oven. Tossed to order in your choice of homemade finishing sauce and garnished with green onions and mint. Comes with ranch sauce

Pomegranate Aleppo Pepper BBQ: sweet, smoky: regular, hot, or super-hot

PJ Green Chili Sriracha: bright, herbaceous, fiery: regular, hot or super-hot

LEAN-PROTEIN · COLLAGEN · VITAMIN B

GARDEN OF THE "CENTENARIANS" 11

Chopped romaine, cabbage-kale super greens, with tomato, Persian cucumber, green and red onion, pickled daikon & carrot, orange segments, caramelized onion, mint, parsley, pepitas, homemade fresh tortilla strips and pita chip crumbles. Tossed in our homemade citrus-pomegranate dressing VEG

ANTIOXIDANT GLUTEN-FREE OPTION AVAILABLE

Add protein: (additional charge)

Chicken Breast, Mexican Wild Shrimp, Norwegian Salmon, Barramundi, Griddled Marinated Tofu

MEDITERRANEAN GREEN BEAN FRIED RICE 10

Turmeric brown rice stir-fried with green beans, corn, carrot, garlic and onion over high heat and three scrambled eggs. Finished with butter, soy ponzu, green onion, mint and Aleppo pepper GF

PLANT-FORWARD · EGG PROTEIN-RICH VEGAN OPTION AVAILABLE

Add protein: (additional charge)

Chicken Breast, Mexican Wild Shrimp, Norwegian Salmon, Barramundi

SONORAN RIVIERA SEAFOOD PASTA 20

Barramundi and Mexican wild shrimp in a fresh tomato sugo with garlic and olive oil, tossed with paccheri pasta. Finished with lemon juice, mint, and basil. Sub pasta for turmeric brown rice

SEAFOOD · MEDITERRANEAN · PROTEIN- RICH

PITA JUNGLE'S 6-WAY CHILI 16

Kafta-spiced ground beef chili simmered in guajillo pepper pods and Roma beans. Served over paccheri pasta, red and green onions, cheddar cheese, pine nuts, sumac and parsley. Sub pasta for turmeric brown rice

LEGUME-RICH · PROTEIN-RICH

INFLATION BUSTERS

WOOD-FIRED CAULIFLOWER TACO 3

Wood-fired caramelized cauliflower, tahini, Pita Jungle sriracha, caramelized onions, toasted pine nuts, parsley, corn tortilla VEG V

SHAWARMA TOUM CHICKEN TACO 3

Grilled marinated all-natural chicken breast, toum, tomato, pickle, radish, red onion, jalapeno, cabbage-kale super greens, tahini, Pita Jungle sriracha, parsley, corn tortilla GF

SKINNY TOUM CHICKEN WRAP 3

Grilled marinated all-natural chicken breast, toum, tomato, pickle, red onion, tahini, Pita Jungle sriracha, parsley, mint, lavash wrap

FALAFEL SKINNY 3

Original or baked falafel, tahini, Pita Jungle sriracha, tomato, pickle, red onion, parsley, mint, lavash wrap VEG V with baked falafel

LICK OF HUMMUS 2

Just the right amount of delicious hummus to get you going with a garnish of chopped tomato and cucumber, evoo, green onion and pita

VEG V GF with gluten free pita

THE MEKONG LAFFA COMBO MEAL 15

Banh-Mi reinvented on a warm laffa wrap; grilled marinated all-natural chicken breast, cabbage-kale super greens, pickled daikon & carrot, cucumber, jalapeno, cilantro, mint and basil with savory umami spread (contains egg) with a side salad, broccoli or fries, and a soft drink or iced-tea

GF Served as a salad bowl or rice bowl.

REINVENTED CLASSIC · PROTEIN-RICH VEGGIE-FORWARD

FRIES 4

with a side of toum

GARLIC CILANTRO FRIES 4

Fries, garlic, cilantro, romano cheese, salt, side of toum

MEDITERRANEAN MILK PUDDING (Muhallabieh) 5

The Levantine answer to the panna cotta; silky, chilled milk pudding with hints of orange blossom water, pure Gahara vanilla, chia seeds, topped with hydrated walnuts and almonds, a golden drizzle of wildflower honey, fresh chopped strawberries, and mint VEG

*These items may be cooked to order and may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. **We offer a variety of gluten-free options: however, we cannot ensure that cross contamination will never occur.

OUR FACILITIES USE OR MAY USE INGREDIENTS CONTAINING FDA RECOGNIZED ALLERGENS INCLUDING BUT NOT LIMITED TO PEANUTS, TREE NUTS, SESAME SEEDS AND SESAME DERIVED PRODUCTS, EGGS, FISH, SHELLFISH, MILK, SOY AND WHEAT. WE DO NOT GUARANTEE CROSS CONTAMINATION. PLEASE NOTIFY YOUR SERVER IF YOU HAVE ANY SPECIFIC DIETARY NEEDS. WE WILL DO OUR BEST TO ACCOMMODATE THEM.