



*The art of
eating healthy®*

FLIGHT PJ
1994
TO DELICIOUS CITY

A SEASONAL KITCHEN CRAFTS MENU

Since 1994 Pita Jungle has been dishing out delicious world cuisine interpreted through the Mediterranean Diet lens. We invite you to join us on this delicious excursion that comprises several layovers across the culinary universe.

- Bassel, Nelly & Fouad



Chicken Enchilada Med Bean Chowder

Cup 4 / Bowl 5

Marinated chicken, mixed beans, green and red bell peppers, jalapenos, tomatoes, balsamic vinegar, cumin, chili powder, oregano, guajillo sauce, cheddar, green onions, tortilla strips
avocado +3.19
GF no tortilla strips

GF Lemon Chicken Rice Soup

Cup 4 / Bowl 5

Marinated chicken, turmeric brown rice, celery, carrots, onions, fresh lemon juice, garnished with arugula

Mediterranean Ceviche 14

Mexican wild shrimp, avocado, Persian cucumbers, tomatoes, jalapenos, red onions, fresh cilantro, fresh lemon juice, evoo, homemade tortilla chip, garnished with golden raisins
GF no pita chip

VEG V Bottomless Mixed Salad Bowl 9

Cool crisp iceberg lettuce, red cabbage, tomatoes, red onions, carrots, pita crumbles with herb-lemon vinaigrette
GF with no crumbles
Additional person +4

ADD-ONS FOR THIS SALAD

(Protein not included in refills)

Chicken Breast 6.69

Norwegian Salmon* 9.99

Mexican Wild Shrimp 4.99

Mahi-Mahi* 9.99

Kafta Beef* 6.69

Griddled Marinated Organic Tofu 4.79

Fries 4

with a side of toum

Garlic Cilantro Fries 4

Fries, garlic, cilantro, romano cheese, salt, side of toum

VEG Vegetarian **V** Vegan **GF** Gluten Free

Chicken Bánh-Mi 13

Grilled marinated all-natural chicken breast, spicy umami spread (mayo contains egg), jalapenos, Vietnamese pickled carrots and daikon, fresh cilantro and mint, toasted baguette
VEG with tofu

The G.O.A.T. Chicken Sandwich 10

Grilled marinated all-natural chicken breast, 1001 dressing (mayo contains egg), tomatoes, pickles, red onions, seasonal lettuce, brioche bun
GF with GF** bun 1.39

Riviera Tuna Fondido 9

This elevated Tuna melt features Albacore in a tuna salad (mayo contains egg) of bell peppers, jalapenos, fresh basil, green onions and mint with freshly sliced tomatoes, Swiss on a toasted baguette

VEG Smashed Falafel Grinder 9

Baked smashed falafel, Mediterranean pickles, tomatoes, cucumbers, red onions, tahini, Pita Jungle sriracha, fresh parsley and mint, toasted baguette
GF with GF bun** 1.39

ADD SIDE SALAD OR GARLIC NEW POTATOES +2.59
CUP OF SOUP +2.99 OR FRIES +3 TO ANY SANDWICH

INFLATION BUSTERS

VEG V Wood-Fired Cauliflower Taco 3

Wood-fired caramelized cauliflower, tahini, Pita Jungle sriracha, caramelized onions, toasted pine nuts, parsley, corn tortilla

GF Shawarma Tourn Chicken Taco 3

Grilled marinated all-natural chicken breast, tourn, tomatoes, pickles, radish, red onion, jalapenos, cabbage-kale super greens, tahini, Pita Jungle sriracha, parsley, corn tortilla

Skinny Tourn Chicken Wrap 3

Grilled marinated all-natural chicken breast, tourn, tomatoes, pickles, red onions, tahini, Pita Jungle sriracha, parsley, mint, lavash wrap

VEG Falafel Skinny 3

Original or baked falafel, tahini, Pita Jungle sriracha, tomatoes, pickles, red onions, parsley, mint, lavash wrap
V with baked Falafel

VEG V Lick of Hummus 2

Just the right amount of delicious hummus to get you going with a garnish of chopped tomatoes and cucumbers, evoo, green onions, sumac, za'atar, pita
GF with GF** pita 1.29

*These items may be cooked to order and may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. **We offer a variety of gluten-free options: however, we cannot ensure that cross contamination will never occur.

Our facilities use or may use ingredients containing FDA recognized allergens including but not limited to peanuts, tree nuts, sesame seeds and sesame derived products, eggs, fish, shellfish, milk, soy and wheat. We do not guarantee cross contamination. Please notify your server if you have any specific dietary needs. We will do our best to accommodate them.